

FAIRGROUNDS BRANCH

585 Rand Drive
Watertown, NY 13601

For program questions contact:

Jessica Rockwell,
Gymnastics Supervisor
jrockwell@nnyymca.org
315.755.9622

Need financial assistance?

Know someone who does?
We can help.

GATEWAY FINANCIAL SCHOLARSHIPS

To ensure everyone has access to programs and services, Watertown Family YMCA, supported by Northern New York Community Foundation, United States Army Child & Youth Services, and United Way of Northern New York, offers financial assistance to those who are unable to afford memberships, services, or program fees.

SUPPORTED BY



Northern New York
Community Foundation



UNITED STATES ARMY
CHILD & YOUTH SERVICES



UNITED WAY
Northern New York



SCAN FOR APPLICATION
or stop by the Welcome
Center. Assistance is
based on applicant's
income and expenses.
All information is kept
private and confidential.



VISIT US ONLINE AT
WATERTOWNYMCA.ORG

NO CLASSES

November 25 – 26: Thanksgiving Break

December 21 – January 2: Christmas Break

February 15 – 20: Winter Break

March 26: Good Friday

April 12 – 17: Spring Break

May 31: Memorial Day

LOOKING AHEAD

June 19: Last Day of Regular Classes

June 2027 – Dates Coming Soon!

Parent & Tot Day

Gymnastics Showcase

Ninja Showcase

THE
Where You Can
Really *Do It All*
PLACE



FAIRGROUNDS BRANCH

GYMNASTICS

AGES: 2 – 18 Years

DATES: Sep 2026 – June 2027



REGISTRATION ONGOING*

*Based on Availability



Scan for Info

FIND US ON





GYMNASTICS

AGES
2 - 18 Years

DATES
September 11, 2026 - June 19, 2027

PROGRAM FEES per month

	Class Length (Minutes)			
	30	45	60	75
Member	\$39	\$45	\$57	\$70
Non-Member	\$54	\$59	\$67	\$83
Military	\$49	\$54	\$62	\$78

A non-refundable registration fee of \$35 is required at enrollment. This annual fee helps offset administrative costs while also supporting equipment upgrades, safety improvements, and ongoing investments in the quality of our gymnastics program.

REQUIRED EQUIPMENT

Fitted clothing or leotard
Water bottle
No shoes or socks
No loose jewelry
Long hair must be pulled back

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GYMNASTICS offers a solid foundation for all sports as it promotes development of both gross and fine motor skills, strength, flexibility, and body awareness.

Not only do gymnasts develop physical fitness but, they also build confidence, learn how to deal with fear, and effectively overcome obstacles and challenges.

Please note: Schedule subject to change based on enrollment.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PRESCHOOL GYMNASTICS						
JUMPERS AND BUMPERS (Parent & Tot)			9:30-10:00AM	10:30-11:00AM	4:30-5:00PM	8:25-8:55AM
2 - 3 Years 30 min.				5:15-5:45PM		
MINI TWISTERZ (Previously Class A)			10:00-10:45AM	11:45-12:30PM	5:00-5:45PM	9:00-9:45AM
3 - 4 Years 45 min.			4:30-5:15PM	12:45-1:30PM		9:50-10:35AM
		5:30-6:15PM	5:15-6:00PM	5:45-6:30PM		10:40-11:25AM
BOYS' MOVEMENT MANIA		9:30-10:15AM				
3 - 5 Years 45 min.		4:45-5:30PM				
GIRLS' GYM STARZ (Previously Class G)			11:00-11:45AM			11:30-12:15PM
5 - 6 Years 45 min.	4:30-5:15PM		6:15-7:00PM	4:30-5:15 PM	5:45-6:30PM	
TINY TUMBLERS: Beginning Tumbling						
5 - 7 Years 45 min.	5:15-6:00PM					
RECREATIONAL GYMNASTICS						
CLASS 1	4:30-5:15PM	4:30-5:15PM	4:30-5:15PM		4:30-5:15PM	9:00-9:45AM
6 - 12 Years 45 min.		6:00-6:45PM	5:15-6:00PM			
CLASS 2			4:30-5:15PM			9:55-10:40AM
6 - 12 Years 45 min.	5:15-6:00PM	5:15-6:00PM	6:00-6:45PM		5:30-6:15PM	
CLASS 3 7 - 13 Years 60 min.	6:00-7:00PM		5:15-6:15PM		6:15-7:15PM	10:50-11:50AM
CLASS 4 8 - 14 Years 75 min.			6:15-7:30PM			
TEENS/TWEENS 11 - 18 Years 60 min.			6:45-7:45PM			
BOYS 5 - 18 Years 60 min.					7:00-8:00PM	11:00-12:00PM
TUMBLING						
BEGINNER 6 - 11 Years 45 min.		6:30-7:15PM				
BEGINNER 8 - 13 Years 45 min.	5:15-6:00PM					
INTERMEDIATE 7 - 16 Years 45 min.	6:00-6:45PM					
BACK HANDSPRING 7 - 16 Years 60 min.	6:45-7:45PM					