

FAIRGROUNDS BRANCH

585 Rand Drive
Watertown, NY 13601

For program questions contact:

Samantha Pelletier,
Team Gymnastics Supervisor
spelletier@nnyymca.org
315.755.9622

Need financial assistance?

Know someone who does?
We can help.

GATEWAY FINANCIAL SCHOLARSHIPS

To ensure everyone has access to programs and services, Watertown Family YMCA, supported by Northern New York Community Foundation, United States Army Child & Youth Services, and United Way of Northern New York, offers financial assistance to those who are unable to afford memberships, services, or program fees.

SUPPORTED BY



Northern New York
Community Foundation



UNITED WAY
Northern New York



SCAN FOR APPLICATION
or stop by the Welcome
Center. Assistance is
based on applicant's
income and expenses.
All information is kept
private and confidential.



VISIT US ONLINE AT
WATERTOWNYMCA.ORG

THE
Where You Can
Really *Do It All*
PLACE

Train • Compete • Achieve

TEAM OFFICE HOURS

Monday through Thursday
8:00 AM – 12:00 PM

Also available 15 minutes before
or after practices.



FAIRGROUNDS BRANCH

2026–2027
WATERTOWN FAMILY YMCA
TWISTING STARZ

COMPETITIVE
GYMNASTICS
TEAM

AGES
4 – 18 Years
(Membership required)

TEAM EVALUATION REQUIRED



Scan for Info

FIND US ON





TWISTING STARZ

AGES

4 – 18 Years (YMCA membership required)

EVALUATIONS & TRYOUTS

Team evaluations and tryouts are held in late summer /early fall. An evaluation must be completed before a tryout can be scheduled.

PROGRAM FEES* (*Please Note: Does not include competition fees)

Instruction Time	Monthly Fee
2 Hours per week	\$87
3 Hours per week	\$119
4 Hours per week	\$129
5 Hours per week	\$144
6 Hours per week	\$152
7 Hours per week	\$157
9 Hours per week	\$164
10 Hours per week	\$170
12 Hours per week	\$191
16 Hours per week	\$220

PRACTICE COMMITMENT

Training schedules vary by level, experience, and training goals.

REQUIRED EQUIPMENT

Fitted clothing or leotard
Water bottle
No shoes or socks
No loose jewelry
Long hair must be pulled back

TWISTING STARZ GYMNASTICS TEAM

is designed for both gymnasts beginning their competitive journey as well as those ready for more advanced competition. We offer a pathway for growth, achievement, and success at every level!

By focusing on the whole athlete, our experienced coaches help gymnasts reach their full potential in a positive, team-centered environment where gymnasts are challenged, encouraged, and celebrated.

TEAM PATHWAYS

Pre-Team

Designed for gymnasts preparing to enter competitive gymnastics with a focus on building strong fundamentals, strength, flexibility, and confidence.

USAG Xcel Program

(Bronze, Silver, Gold, Platinum, Diamond, and Sapphire Levels)

Gymnasts progress at a pace that matches their skills and goals.

Developmental Program (Levels 6 to 10 and Above)

Adheres to more traditional competitive levels with stricter requirements.

Our gymnasts gain valuable experience, build confidence, and create lifelong friendships while proudly representing Watertown Family YMCA at competitive meets including:

- Local Meets
- State Championships
- Regional Championships
- National Championships

Twisting Starz athletes compete in both the YMCA Gymnastics League and USA Gymnastics (USAG).

To be considered for the team, please complete the **Competitive Gymnastics Team Evaluation Form** and return it to the **Fairgrounds Welcome Center** or email it to spelletier@nnyymca.org.



Scan for
Evaluation Form

Questions? Please contact
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