

## FAIRGROUNDS BRANCH

585 Rand Drive  
Watertown, NY 13601

### For program questions contact:

Paul Passino, Branch Director  
ppassino@nnyymca.org  
315.755.9622

Need financial assistance?

Know someone who does?  
We can help.

### GATEWAY FINANCIAL SCHOLARSHIPS

To ensure everyone has access to programs and services, Watertown Family YMCA, supported by Northern New York Community Foundation, United States Army Child & Youth Services, and United Way of Northern New York, offers financial assistance to those who are unable to afford memberships, services, or program fees.

#### SUPPORTED BY



Northern New York  
Community Foundation



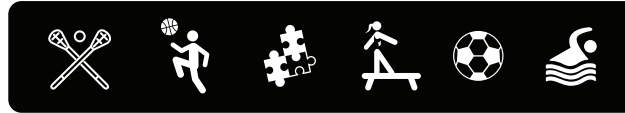
UNITED STATES ARMY  
CHILD & YOUTH SERVICES



UNITED WAY  
Northern New York



SCAN FOR APPLICATION or stop by the Welcome Center. Assistance is based on applicant's income and expenses. All information is kept private and confidential.



VISIT US ONLINE AT  
**WATERTOWNYMCA.ORG**

FIND US ON

**THE PLACE** for even more great YMCA programs:

- Indoor Sports Leagues
- Tennis & Pickleball
- Group Exercise Classes
- Swim Lessons
- Art & STEAM Programs
- Health & Wellness Programs
- Community Kitchen Classes

**THE**  
Where You Can  
Really *Do It All*  
**PLACE**

## FAIRGROUNDS BRANCH

### SUMMER FLAG FOOTBALL 101

AGES: 5 - 13 Years

DATES: June 30 - August 4



### REGISTRATION OPEN NOW



5 - 7  
Year  
Olds



8 - 10  
Year  
Olds



11 - 13  
Year  
Olds



## SUMMER FLAG FOOTBALL 101

### LOCATION

Fairgrounds Indoor or Outdoor\* Fields

\*Weather permitting

### AGES

5 - 13 Years

### DATES

June 30 - August 4

### DAY/TIME

5 - 7 Years	Tuesdays 5:00 - 6:00 PM
8 - 10 Years	6:00 - 7:00 PM
11 - 13 Years	7:00 - 8:00 PM

### PROGRAM FEES

Members	\$60.00
Non-Members	\$72.00
Military	\$67.00

### REQUIRED EQUIPMENT

Water bottle  
Sneakers  
Athletic clothing

Get ready to run, pass, and score at **FLAG FOOTBALL 101!** Stay active, make new friends, and learn cool skills and strategies for success on the field.

Whether you're new to the game or already love it, this program is designed to build confidence and burn energy while having a blast!

Players will learn the fundamentals of the game including throwing, catching, flag pulling, teamwork, and basic game rules. Skills will be reinforced during small games and friendly scrimmages.

This class focuses on building confidence, developing skills, and most importantly, having fun while staying active with friends!



**NO TACKLING...JUST TONS OF FUN!**

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