

DOWNTOWN BRANCH

146 Arsenal Street
Watertown, NY 13601

For program questions contact:

Adrienne Alteri,
Racquet Sports Director
aalteri@nnyymca.org
315.755.2130

Need financial assistance?

Know someone who does?
We can help.

GATEWAY FINANCIAL SCHOLARSHIPS

To ensure everyone has access to programs and services, Watertown Family YMCA, supported by Northern New York Community Foundation, United States Army Child & Youth Services, and United Way of Northern New York, offers financial assistance to those who are unable to afford memberships, services, or program fees.

SUPPORTED BY



Northern New York
Community Foundation



UNITED WAY
Northern New York



SCAN FOR APPLICATION
or stop by the Welcome
Center. Assistance is
based on applicant's
income and expenses.
All information is kept
private and confidential.



VISIT US ONLINE AT
WATERTOWNYMCA.ORG

THE PLACE for even more great
YMCA programs:

- Indoor Sports Leagues
- Tennis & Pickleball
- Group Exercise Classes
- Swim Lessons
- Art & STEAM Programs
- Health & Wellness Programs
- Community Kitchen Classes

THE
Where You Can
Really *Do It All*
PLACE

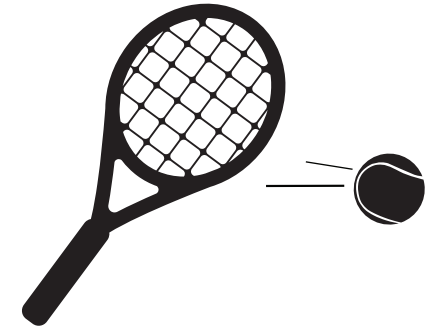


DOWNTOWN BRANCH

BEGINNER ADULT TENNIS CLINIC

AGES: 18+

DATES: June 18 - July 9



REGISTRATION OPEN NOW



FIND US ON



Scan to Register



BEGINNER ADULT TENNIS CLINIC

LOCATION

Downtown YMCA Liinve Family Racquet Center

AGES

18+

DATES

June 18 – July 9 (4 weeks)

DAY/TIME

Thursdays 6:00 – 7:30 PM

PROGRAM FEE

Members	\$65.00
Non-Members	\$105.00
Military	\$95.00

REQUIRED EQUIPMENT

Water bottle

Athletic clothing

Non-marking sneakers

Y racquets and balls provided

BEGINNER ADULT TENNIS CLINIC

will help beginners learn the rules and fundamentals of tennis like grips, forehands, backhands, footwork, and scoring in a supportive, low-pressure environment.

First, we'll cover basic strokes then get ready for match play! Play individually against a single opponent (Singles Tennis) or between teams of two players each (Doubles Tennis).

This clinic focuses on building confidence, improving coordination, and having fun on the court—no experience required.

Grab a racquet, meet new people, and discover how enjoyable tennis can be!



**BUILD YOUR GAME,
ONE SWING AT A TIME.**

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