DOWNTOWN BRANCH

146 Arsenal Street
Watertown, NY 13601

For program questions contact:
Clara Benson
cbenson@nnyymca.org
315.782.3100

Need financial assistance?
Know someone who does?
We can help.

GATEWAY FINANCIAL SCHOLARSHIPS

To ensure everyone has access to programs and services, Watertown Family YMCA, supported by **Northern New York Community Foundation**, **United States Army Child & Youth Services,** and **United Way of Northern New York**, offers financial assistance to those who are unable to afford memberships, services, or program fees.

SUPPORTED BY

Northern New York Community Foundation

UNITED STATES ARMY CHILD & YOUTH SERVICES

UNITED WAY Northern New York

SCAN FOR APPLICATION or stop by the Welcome Center. Assistance is based on applicant's income and expenses. All information is kept private and confidential.

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VISIT US ONLINE AT
WATERTOWNYMCA.ORG

THE PLACE for even more great YMCA programs:

- Indoor Sports Leagues
- Tennis & Pickleball
- Group Exercise Classes
- Swim Lessons
- Art & STEAM Programs
- Health & Wellness Programs
- Community Kitchen Classes

THE
Where You Can
Really *Do It All*
PLACE

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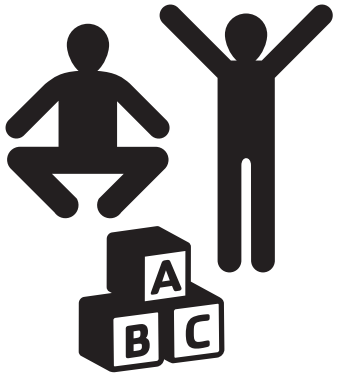
DOWNTOWN BRANCH

CHILD WATCH & KIDS ADVENTURE

AGES: 6 Weeks – 12 Years



FREE WITH MEMBERSHIP*
*Family or Single Parent membership required

Scan for Info

FIND US ON

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CHILD WATCH

LOCATION
Downtown YMCA Community Center

AGES
6 Weeks – 12 Years

DAYS/TIMES*
Monday – Friday 8:45 – 11:45 AM
Monday – Thursday 4:15 – 7:15 PM
Saturday 8:15 AM – 12:00 PM

* Schedule subject to change. Slots are **60 – 90 minutes** based on staffing and member attendance.

REQUIREMENTS
- Family or Single Family Membership
- Completed registration form
- Fresh diaper change or Pull-Ups®
- Change of clothes, if potty training
- Bottle, if needed
- Location provided in the Y facility

Parents must stay in the building while children are in Child Watch.

We'll watch your children while you focus on you.

CHILD WATCH is a safe & secure environment for children ages 6 weeks to 12 years old. Pursue your own health and well-being, knowing that your children are cared for in a positive environment at the Y.

Please remember:
- Babies need to be in fresh diapers or Pull-Ups®
- All children should use the bathroom before arriving
- Label all belongings including drinks, bags, and coats
- Avoid bringing in toys from home
- Staff may seek you out should your child be upset and inconsolable

Our staff will do diaper checks as often as possible; however, during high-volume times we may not be able to complete frequent checks or move through the room as quickly as usual. We appreciate your understanding and cooperation in helping us keep all children comfortable and cared for.

Potty Training Policy
Children 2 or older: If accidents occur in cloth underwear, parents will be called to change. We do suggest sending your child in Pull-Ups® for easier transition in potty training. Child Watch staff will change your child if they are in Pull-Ups®.

SICK CHILD? Children who are too sick to go to school are too sick for Child Watch. Please do not bring a child who has had any of the following within the last 36 hours:
- fever
- rash
- drainage from the eyes
- vomiting
- diarrhea

If a child exhibits symptoms, parents are required to pick up the child immediately.

Our staff will always treat children with kindness and respect and we ask that children do the same with the staff and the other children in Child Watch. We will share any concerns and info about your child's experiences.

Questions?
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