

FAIRGROUNDS BRANCH

585 Rand Drive
Watertown, NY 13601

For program questions contact:
Janet Bleau, Gymnastics Director
jbleau@nnyymca.org
315.755.9622

Need financial assistance?

Know someone who does?
We can help.

GATEWAY FINANCIAL SCHOLARSHIPS

To ensure everyone has access to programs and services, Watertown Family YMCA, supported by Northern New York Community Foundation, United States Army Child & Youth Services, and United Way of Northern New York, offers financial assistance to those who are unable to afford memberships, services, or program fees.

SUPPORTED BY



Northern New York
Community Foundation



UNITED WAY
Northern New York



SCAN FOR APPLICATION
or stop by the Welcome
Center. Assistance is
based on applicant's
income and expenses.
All information is kept
private and confidential.



VISIT US ONLINE AT
WATERTOWNYMCA.ORG

NO CLASSES

October 31st: Halloween, Morning classes only
November 26th - 28th: Thanksgiving Break
December 22nd - January 1st: Christmas Break
February 15th - 19th: Winter Break
February 27th - March 1st: Salute to Service Meet
April 3rd - 12th: Easter/Spring Break
May 25th: Memorial Day

IMPORTANT DATES

June 7th: Parent Tot & Parent Ninja Showcase
June 13th - 14th: Gymnastics Showcase
June 22nd: Last Day of Regular Classes
June 23rd - 26th: Ninja Showcase

THE
Where You Can
Really Do It All
PLACE

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FAIRGROUNDS BRANCH

GYMNASTICS

AGES: 2 - 18 YEARS

DATES: Sep 2025 - June 2026



REGISTRATION OPEN*

*Based on Availability



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GYMNASTICS

AGES

2 - 18 Years

DATES

September 3, 2025 - June 22, 2026

PROGRAM FEES

Member

30-Minute Class: \$38.00

45-Minute Class: \$44.00

60-Minute Class: \$55.00

75-Minute Class: \$68.00

Non-Member

30-Minute Class: \$52.00

45-Minute Class: \$57.00

60-Minute Class: \$65.00

75-Minute Class: \$81.00

Military

30-Minute Class: \$46.00

45-Minute Class: \$52.00

60-Minute Class: \$61.00

75-Minute Class: \$76.00

REQUIRED EQUIPMENT

Fitted clothing or leotard

No shoes or socks

Water bottle

Long hair must be pulled back

No loose jewelry

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Gymnastics offers a solid foundation for all sports as it promotes development of both gross and fine motor skills, strength, flexibility, and body awareness.

Not only do gymnasts develop physical fitness but, they also build confidence, learn how to deal with fear, and effectively overcome obstacles and challenges.

Please note: Schedule subject to change based on enrollment.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GYMNASTICS AGES 2-5						
PARENT & TOT			9:30-10:00AM	10:15-10:45AM		
2 - 3 Years			6:00-6:30PM	5:15-5:45PM	5:15-5:45PM	
CLASS A			10:00-10:45AM			9:00-9:45AM
3 - 4 Years			4:30-5:15PM	11:45AM-12:30		10:00-10:45AM
			5:15-6:00PM		5:45-6:30PM	11:00-11:45AM
CLASS G	4:30-5:00PM		11:00-11:45AM			12:00-12:45PM
Girls 4 - 5 Years			6:15-7:00PM	4:30-5:15 PM	4:30-5:15PM	
GYMNASTICS AGES 5-10						
Class 1	6:15 - 7:00PM	4:30-5:15PM	4:30-5:15PM		4:30-5:15PM	11:00-11:45AM
			5:15-6:00PM			
Class 2	4:30-5:15PM	5:15-6:00PM	4:30-5:15PM		5:30-6:15PM	10:00-10:45AM
Class 3	5:15-6:00PM	6:15-7:00PM	6:15-7:00PM			9:00-9:45AM
Class 4			7:15-8:15PM			
TEENS & TWEENS 11-16						
11 - 16 Years			7:15-8:15PM			
TUMBLING						
Beginner	5:15-6:00PM					12:15-1:00PM
Intermediate	7:00-7:45PM					
Back Handspring / Salto	7:45-8:45PM					
BOYS GYMNASTICS 5+						
Boys Rec 5+ Years					7:00-8:00PM	12:00-1:00PM

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NINJA

AGES: 18 Months - 13 Years

DATES: Sep 2025 - June 2026



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UNITED STATES ARMY
CHILD & YOUTH SERVICES



UNITED WAY
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FAIRGROUNDS BRANCH

PLAYGROUP

AGES: 18 Months - 5 Years

BIG KID OPEN GYM

AGES: 5 - 15 Years



FREE WITH MEMBERSHIP*

*Family, Single Parent, or Youth Membership



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THE PLACE for even more great YMCA programs:

- Indoor Sports Leagues
- Tennis & Pickleball
- Group Exercise Classes
- Swim Lessons
- Art & STEAM Programs
- Health & Wellness Programs
- Community Kitchen Classes

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LOCATION

Fairgrounds Gymnastics Room

PROGRAM FEES

Members	FREE
Non-Members	\$10.00 (Under 5)
Non-Members	\$15.00 (Over 5)

REQUIRED EQUIPMENT

Water bottle
Athletic clothing
No shoes or socks

PLAYGROUP

AGES: 18 Months – 5 Years*

*Parent/Guardian must be present at all times.

DAYS/TIMES: 12:00 – 1:00 PM
Tuesdays & Wednesdays

BIG KIDS OPEN GYM

AGES: 5 – 15 Years

DAYS/TIMES: 2:30 – 3:30 PM
Saturdays



PLAYGROUP is a great time for little ones to run out their energy in a safe space, practice skills, and make new friends. Parents will guide their child through activities like walking on the balance beam, jumping in the foam pit, climbing, bouncing, and more.

Parents are not allowed on equipment, but are able to help introduce their children to new challenges through unstructured play, helping them feel comfortable playing with other kids.



BIG KIDS OPEN GYM provides older children a chance to try out equipment and meet new friends.

Our Y Staff will be on hand to ensure safety and enforce equipment rules. Some equipment may be off limits based on experience, age, or capacity. Parents/guardians may not be in the gym.



PROGRAM BENEFITS

- Allows children to develop social skills at their own pace
- Builds a child's emotional confidence and autonomy
- Supports children's imagination and creativity
- Encourages physical activity

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