

Covid 19 Commitment

Our commitment to each other to prevent the spread of COVID-19

I promise to:

Stay home and/or keep my child home when feeling ill

Participate in health screening. If I do not pass screening, I promise to leave and follow instructions for actions to take and time to return

Practice social distancing, staying at least six feet away from others if at all possible

Wear a face covering in common areas, and when social distance cannot be maintained. I will regularly wash/sanitize my face covering(s)

Wash my hands at the start and regularly throughout my workout/program and sanitize them when I cannot wash them

Consistently clean/disinfect the equipment that I touch/use

Avoid touching my face, especially my mouth, nose, and eyes

Understand my responsibility as a Y Member/Participant to prevent the spread of COVID and take extra safety precautions

Model our YMCA values - Respect, Responsibility, Honesty, Caring

The YMCA promises to:

Continue to consider our employees' and members' safety and wellbeing as our priority

Provide face covering to anyone who requests them

Provide disinfecting supplies and enhanced cleaning, especially for high touch surfaces

Provide regular communication to keep members updated in this time of rapid change

Provide resources from reliable sources regarding COVID-19 on our website

Enforce enhanced cleaning, personal hygiene, masking and physical distance protocols

Continue to serve our members, employees and community through these difficult times

Provide clear communication to members and program participants on new procedures and expectations

Contact the Branch Safety Officer for COVID-19 related-questions. The Branch Safety Officer listing is provided at each Welcome Center and on our website watertownymca.org